

# HENRY FORD COLLEGE

## 2019 High School MLK Prospect Camp

Campers will have the opportunity to work with College coaches. The Henry Ford coaching staff will help lead the camp with offense, defense, pitching, and catching. Each section will be aspects worked on during the camp. The day will consist of learning certain skill sets to become the best player you can be in all positions.



### High Velocity

46245 Michigan Ave.

Canton, MI 48188

Monday, January 21, 2019

- Cost
- \$100 – Individual
- \$500 – Team

Register Online: [www.henryfordcamps.com](http://www.henryfordcamps.com)

For questions contact: Coach Brown

(313) 657-3200 or [sjbrown@hfcc.edu](mailto:sjbrown@hfcc.edu)

## Itinerary

- |                     |  |
|---------------------|--|
| ● 11:45am – 12:00pm | Check In and Stretch                       |
| ● 12:00pm – 12:20pm | Warm Up                                    |
| ● 12:20pm – 12:45pm | 20 Yard Dash/Home to 1st                   |
| ● 12:45pm – 1:10pm  | Outfield- Fly Balls/Throwing Evaluations   |
| ● 1:10pm – 1:35pm   | Infield- Ground Balls/Throwing Evaluations |
| ● 1:35pm – 1:55pm   | Catcher Pop Times/Pitcher Evaluations      |
| ● 1:55pm – 4:00pm   | Batting Practice and Game                  |

